

“Just a few things been runnin’ through my head”

Posted by reyalP on 02/26/2007

It’s been awhile since I’ve posted, and I’ve had quite a few realizations and changes in my life. Here’s an update summing up some of the most profound thoughts and ideas that have been going through my head over the past couple months.

Getting Back to Basics

There was a time last year when I realized that although I was having success with women, one critical piece that was missing from my game the ability to create a strong emotional connection with women. I started researching every single resource I could find on this area known as “midgame” and applying it to my interactions with women. When I integrated this into my game, my success went through the roof.

After getting great results when testing out these connection-building techniques, I was even more eager to apply what I’d learned. To speed things up, I began moving my interactions to the deeper connection process much sooner than I was before. On a typical approach, I had begun by being very direct, then engaging in some brief small talk, then going straight into building a connection. Within a matter of minutes I would have led our conversation into a discussion about our paths in life, our core values, and our view of life in general.

In my eagerness to use everything I’ve been learning, I’ve disposed of all my tried-and-true techniques that were working without being aware of it. My interactions used to be fun and full of merciless teasing and incessant flirting, and now they’ve become deep, serious, and intense conversations. I’ve been trying to cheat the system, and I now understand that things are the way things are because that’s just the way things are.

Getting back to basics. Everything I was doing before that was working is going to be resurrected. Of course, I’ll keep the knowledge I’ve gained since then, but no more of this ultra serious connection stuff — I want to have fun again! The connection stuff will happen when it’s time to happen, and I’m not skipping out on any of the fun stuff.

Unhealthy Obsession

The one thing that had never occurred to me until recently is that my desire and behavior of approaching every hot woman I see indicates that essentially all hot women have a certain degree of power over me. More specifically, I have to a large extent overcome my anxiety through approaching hundreds of women, so it no longer seems like this is about my personal betterment.

When I cleared my mind of my limiting beliefs that were holding me back from approaching, I became capable of approaching women anywhere. Whenever I see a woman who I want to approach, I simply approach. This adds up very quickly — on average I have been approaching at least three women everyday just on my walk to the gym, then at least one woman at the grocery store, and so on.

Yes, I believe that taking charge of one's destiny is very powerful. The illusion, however, is believing that approaching every hot woman I see makes me in control. There's a dark side to that as well, and that is — like anything else — when it becomes an attachment, need, or obsession, it's unhealthy.

I'm not throwing in the towel, but I am holding off on approaching every single hottie who catches my eye. I feel a lot better about it already because I'm not constantly reacting to every woman I see, and I have a lot more focus on just staying on my path in life and meeting women without constantly going out of my way to meet women. Even without forcing all these interactions to happen, I've been meeting at least one woman every day just by acting on the more natural opportunities to engage women.

Taking The Power Back

I've carefully assessed what has been going on in my life over the last while and I've come to the conclusion that I'm giving my power away in many areas of my life. I feel that it's time to take that power back.

First off, I'm done with complementing girls — at least very early in the interaction. Flattery is just unnecessary regardless of what method I use, and I want to keep my power and let girls work for the complements.

Secondly, I'm through with calling girls. I don't have time for it, and I'm sick of dealing with flakes and all the other bullshit that goes along with setting up a second meeting. I'm following Brent's advice and only giving out my number. It's far more empowering for me to assume the role of the chasee and not the chaser, and it's just a lot more productive for me.

Third, I'm focusing on my path in life and not relying on anything or anyone but myself to bring me happiness. I've actually gone through and considered all the areas in my life where I may be losing control and I've started to remove those attachments and take back the power. With pickup, it can be a great enrichment to life when I'm in control, but like I said before it's unhealthy when it is something that I need to do.